



PTA Parent Education Series

January 25, 6pm at HWES

Fitness and Nutrition

featuring

Laura Caldarera

Laura is a Registered Clinical Exercise Physiologist, specializing in pediatric cardiology. She holds a Master's Degree in Exercise Science from George Washington University and has worked at Child Cardiology Associates where she coordinates wellness education for patients (and their families) with cardiovascular risk factors.

Note: Children are welcome to attend this educational lecture.

RSVP at: <http://www.signupgenius.com/go/30E0A4CA4AD2C7-laura>

